











10 Basic Tips for Working with Children with Autism Spectrum Disorders

1		Use simple language, especially when giving a direction or when the child is upset or over-stimulated
2		Start by giving one-step directions. Work up to 2-3 step directions when the child is able
3		Allow ample time for processing questions or instructions
4		Use visual schedules, either pictures or written, to provide structure and help the child understand what is expected
5		Provide a '2 minute' warning prior to changes or transitions
6		Provide frequent positive reinforcement
7		Incorporate preferred or familiar items into activities
8		Allow opportunities for movement (walks, jumping, swinging, etc.)
9		Provide access to preferred items or activities after completing difficult tasks (ex: "first numbers, then game")
10		Provide access to sensory items (ex: items of various textures, visually stimulating items, etc.)